## Middle School of Pleasantville

# PLEASE READ CAREFULLY AND FOLLOW THE INSTRUCTIONS BELOW

- 1. All pages printed on colored paper are for your reference and are to remain at home.
- 2. All papers printed on white paper are to be fully completed by the parent/guardian in blue or black ink.
- 3. PLEASE carefully check that all information has been completed in the packet and **you and your child have signed every spot**.
- 4. PLEASE make sure you complete the medical history form (White Pg. 7 & 8). This must be completed before seeing the physician.
- 5. Physicals will be provided by the school physician for students without insurance. Physical dates will be announced at a later time.

To participate in summer camps all students MUST be medically cleared.

#### Dear Parent/Guardian:

## THIS LETTER IS REGARDING YOUR CHILD'S INTEREST IN PARTICPATING IN ATHLETICS.

## THE PACKET INFORMATION HAS CHANGED. PLEASE READ IT CAREFULLY.

We are writing in regard to the state requirements for students to participate in athletics for Pleasantville Public Schools. As required by State of New Jersey code (N.J.A.C. 6A:16-2.2[b]), students who wish to participate in interscholastic sports must receive a medical examination & clearance by a medical doctor. If a student does not have medical insurance, the school's athletic physician is required to provide this examination at his/her office or other appropriately equipped facility. The medical examination (N.J.A.C.6A:16-2.2[h]), must include a determination concerning the student's participation. In addition, as required by State of New Jersey code (P.L. 2010, c.94, P.L. 2013, c.71 & Executive Order 72) parents & students must receive, review & sign the Concussion & Sudden Cardiac Awareness Sheets.

## STEP 1 - FOR ALL ATHLETES

- A. You, as parent/guardian, are to keep the first three pages of this packet as a reference; this includes the Concussion Awareness Sheet and the Sudden Cardiac Death Sheet.
- B. You and your child must **complete & sign** the remaining forms.

## STEP 2 – FOR ATHLETES WITH INSURANCE

- A. Please make an appointment with your child's doctor for a physical. The doctor must review the Preparticipation Physical Evaluation HISTORY FORMS(s) and must complete & sign the Preparticipation Physical Evaluation PHYSICAL EXAMINATION FORMS.
- B. After the physical, all forms must be given to the Coach by the due date announced in school.

## STEP 2 - OR ATHLETES WITHOUT MEDICAL INSURANCE

- A. Entire completed packet must be given to the coach by the due date announced in school.
- B. The Athletic Trainer will schedule the athlete for a physical with the school's physician pending academic eligibility. These physicals will be arranged in advance and will be held during the preseason of the upcoming sport season.

**NOTE:** Your child will not be able to start official practice until all paperwork & physical are completed and returned.

If you have any questions or need further information, please feel free to contact the Athletic Trainer at 609-383-6900 Ext. 4042 or the Athletic Director at 609-383-6900 Ext. 4043. Thank you for your time.

Sincerely,

Derrick L. Carrington, Sr. Athletic Director

Kristen Sinclair, ATC Athletic Trainer