

The journey of life— now with roadside assistance

Traveling the road of life, we all experience ups and downs—and over time—the scenery changes. Regardless of what might be around the corner, count on your employee assistance program (EAP) to help smooth out the bumps by providing assistance on these and other topics:

- Adjusting to Change
- Managing transitions
- Unexpected life events
- Workplace restructuring
- Adjusting to an empty nest
- Kids Leaving for School

ALWAYS AVAILABLE.

 Princeton HealthCare System
Employee Assistance Program

Redefining Care

TOLL-FREE: **800 527-0035**

WEBSITE: www.princetonhcs.org/eap