



Monday	Tuesday	Wednesday	Thursday	Friday	<div><h3>What is a Meal?</h3><p>Students must choose at least 3 of the 5 components available for the school lunch price.</p><ul style="list-style-type: none">- Choice of Whole Grain- Choice of Protein- Choice of Vegetable- Choice of Fruit- Choice of Milk<p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p><h3>Choice of Vegetable</h3><p>Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p><h3>Choice of Fruit</h3><p>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p><h3>Choice of Milk</h3><p>1% White, Lactaid, FF Chocolate, FF Strawberry</p><h3>Daily Alternates</h3><p>Fresh Entree Salad of the Week</p><p>Craveables</p><p>Weekly Cold Cut Sandwiches & Wraps</p><p>Sept. 5th- National Cheese Pizza Day</p><p>Sept. 10th – National Hot Dog Day</p><p>Sept. 18th – National Cheeseburger Day</p><p>Sept. 25th –National Quesadilla Day</p><p>Sept. 15th –starts Hispanic Heritage Month!!</p><p>(V) Vegetarian</p><p><i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p></div>
			4	5	
			Turkey and Cheese Hoagie	Pizza	
			FEATURED VEGGIES Baked Beans Carrot Sticks	FEATURED VEGGIES Caesar Salad Steamed Broccoli	
8	9	10	11	12	
Italian Dunkers with Marinara	Soft Tacos	Hot Dog	Turkey and Cheese Hoagie	Pizza	
FEATURED VEGGIES Steamed Mixed Veggies Grape Tomatoes	FEATURED VEGGIES Ranch Refried Bean Dip Fresh Pico de Gallo	FEATURED VEGGIES Glazed Carrots Broccoli Salad	FEATURED VEGGIES Oven Baked Fries Fresh Cucumbers	FEATURED VEGGIES Garden Side Salad Red Pepper Strips	
15	16	17	18	19	
Chicken Patty	Tacos	Chicken Nuggets with Goldfish Crackers	Cheeseburger on a Bun	Pizza	
FEATURED VEGGIES Tator Tots Chickpea Salad	FEATURED VEGGIES Steamed Golden Corn Baby Carrots	FEATURED VEGGIES Sliced Cucumbers Fresh Cauliflower	FEATURED VEGGIES Celery Sticks with Dip Steamed Broccoli	FEATURED VEGGIES Caesar Salad Cherry Tomatoes	
22	23	24	25	26	
Beef Burrito	Nachos Grande with Tortilla Chips	Fresh Garden Salad	Cheese Quesadilla	The Double Dipper Elote Dip & Black Bean Salsa with Tortilla Chips	
FEATURED VEGGIES Rice and Beans Black Bean Salsa	FEATURED VEGGIES Ranch Refried Beans Golden Corn	FEATURED VEGGIES Green Beans Glazed Carrots	FEATURED VEGGIES Buttered Corn Coleslaw	FEATURED VEGGIES Rice and Beans Caesar Salad	
29	30				
Italian Hoagie	Nachos Grande with Ranch Refried Bean Dip				
FEATURED VEGGIES Steamed Broccoli Cucumber Salad	FEATURED VEGGIES Celery Sticks with Dip Black Bean Salsa				

Café Contact:
Cristine McAllister, Food Service Director
609-383-6900 ext. 4039
ma1594@metzcorp.com

Meal Prices
No Charge To Students
Faculty Lunch

\$5.00





Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

