



Meet Your Nutritious Friend:
At Peace Apple

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? 1 Entrée 1 Fruit 1 Vegetable 1- 1% White Offered Daily Bagel Meal- Bagel, Yogurt, Cheese Stick, Goldfish Sun butter & Jelly Uncrustable, Cheese Stick, & Goldfish (V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or eggs. Sept. 5th- National Cheese Pizza Day Sept. 10th- National Hot Dog Day Sept. 18th National Cheeseburger Day Sept. 25th National Quesadilla Day September 15th starts Hispanic Heritage Month!! (V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg
			4 Hot Turkey Ham & Cheese on a Pretzel Roll Baked Beans Fresh Fruit	5 Cheesy Pizza (V) Steamed Broccoli Cupped Fruit of the Day	
8 Toasted Cheese Sandwich (V) Cupped Fruit of the Day Tater Tots	9 Beef Soft Tacos Fresh Fruit of the Day Refried Beans	10 Hot Dog Cupped Fruit of the Day Glazed Carrots	11 Chicken Tenders with a Dinner Roll Fresh Fruit of the Day Curry Fries	12 Cheesy Pizza (V) Cupped Fruit of the Day Garden Side Salad	
15 Classic Sloppy Joe on a Roll Cupped Fruit of the Day Tator Tots	16 Chicken Taco Fresh Fruit of the Day Mexicali Corn	17 Turkey & Cheese Sandwich Cupped Fruit of the Day Carrot Sticks	18 Cheeseburger on a Bun Fresh Fruit of the Day Steamed Broccoli	19 Cheesy Pizza (V) Cupped Fruit of the Day Cucumber Slices	
22 Beef, Bean and Cheese Burrito Cupped Fruit of the Day Rice and Beans	23 Beef Soft Tacos Fresh Fruit of the Day Refried Beans	24 Chicken Patty on a Bun Cupped Fruit of the Day Celery Sticks with Dip	25 Chicken and Cheese Quesadilla Fresh Fruit of the Day Steamed Green Beans	26 Italian Dunks with Sauce (V) Cupped Fruit of the Day Garden Side Salad	
29 Chicken & Mashed Potato Bowl Cupped Fruit of the Day Sliced Cucumbers	30 Chicken Taco Fresh Fruit of the Day Buttered Corn				

Café Contact:

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Meal Prices

No Charge to Students
Faculty Lunch

\$5.00

