



Meet Your Nutritious Friend:  
At Peace Apple

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
			Chocolate Chip French Toast  1% White Milk	Mini Cinni Rolls  1% White Milk
8	9	10	11	12
Assorted Cereal with Graham Cracker  1% White Milk	Yogurt with a cheese stick  1% White Milk	Egg, Turkey Bacon & Cheese on a Bagel  1% White Milk	Apple Cinnamon Muffin  1% White Milk	Assorted Cereal with Graham Cracker  1% White Milk
15	16	17	18	19
Assorted Cereal with Graham Cracker  1% White Milk	Mini Maple Pancakes  1% White Milk	Egg, Sausage & Cheese Maple Flatbread  1% White Milk	Chocolate Chip French Toast  1% White Milk	Assorted Cereal with Graham Cracker  1% White Milk
22	23	24	25	26
Assorted Cereal with Graham Cracker  1% White Milk	Yogurt with a cheese stick  1% White Milk	Egg, Turkey Bacon & Cheese on a Bagel  1% White Milk	WG Blueberry Muffin  1% White Milk	Assorted Cereal with Graham Cracker  1% White Milk
29	30			
Assorted Cereal with Graham Cracker  1% White Milk	Mini Maple Pancakes  1% White Milk			

## What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Whole Grain
- Fresh Fruit or Cupped
- 1% White Milk

Whole Grain Cereals

Cinnamon Toast Crunch (GF), Kix (GF), Rice Chex (GF), Cheerios (GF), Cinnamon Chex (GF)

1% White Milk

## Café Contact:

Cristine McAllister, Food Service Director  
609-383-6900 ext. 4039  
ma1594@metzcorp.com

## Meal Prices

Student Breakfast \$Free  
Faculty Breakfast \$5.00



**NUTRI-SERVE**  
FOOD MANAGEMENT, INC. by Metz